

JANUARY 2019

CANNON FALLS AREA SCHOOLS BREAKFAST & LUNCH MENU

This is an equal opportunity employer

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Meal Prices: Student Breakfast \$1.70 Adult/Guest breakfast \$2.40 PreK-5th grade lunch \$2.50 6-12 grade lunch \$2.60 Adult/Guest Lunch \$4.00 Milk only/extra \$0.55</p> | <p>NO SCHOOL 1</p> <p>HAPPY NEW YEAR</p> | <p>Breakfast Bars 2 Meatball Sub & Fixings Lettuce Salad Peas Fresh Fruit Day 4</p> | <p>Omelet & Sausage 3 Au gratin Potatoes & Ham Lettuce Salad / Broccoli Yogurt / Pears Bread Day 1</p> | <p>Bagel 4 Max Stix w/Sauce Lettuce Salad Veggie Tray Mixed Fruit Day 2</p> |
| <p>Muffin 7 Hamburger & Pickles Baked Beans Lettuce Salad Peaches Day 3</p> | <p>Pancake on a Stick 8 Chicken Fajita w/Fixings Mexican Rice Applesauce Day 4</p> | <p>Donut 9 Sub Sandwich w/Fixings Lettuce Salad Chips / Pears EARLY RELEASE Day 1</p> | <p>Breakfast Sandwich 10 Macaroni & Cheese Candied Carrots Lettuce Salad Yogurt / Fresh Fruit Day 2</p> | <p>Breakfast Bar 11 Fish Sandwich Tator Tots Cole Slaw / Lettuce Salad Pears Day 3</p> |
| <p>Banana Bread 14 Pizza Green Beans Lettuce Salad Pineapple Day 4</p> | <p>Breakfast Pizza 15 Popcorn Chicken Oriental Vegetables Lettuce Salad Mandarin Oranges Day 1</p> | <p>French Toast 16 Ferndale Turkey Burger w/Cheese Baked Beans Lettuce Salad Apple Slices Day 2</p> | <p>Breakfast Bites 17 Chili & Cinnamon Roll Cheese Stick Lettuce Salad Pears Day 3</p> | <p>Bagel 18 Corn Dog Lettuce Salad Veggie Tray Fresh Fruit Day 4</p> |
| <p>NO SCHOOL 21</p> <p></p> <p>TEACHER WORKSHOP</p> | <p>Cereal 22 Soft Shell Beef Taco w/Fixings Lettuce Salad Rosie Applesauce Day 1</p> | <p>FRED Bar 23 Sloppy Joe & Pickles Lettuce Salad Candied Carrots Peaches Day 2</p> | <p>Breakfast Sandwich 24 Chicken Nuggets Mashed Potatoes & Gravy Corn / Bread Tropical Fruit Day 3</p> | <p>Breakfast Bar 25 Mr Ribb Lettuce Salad Veggie Tray Chips / Sherbet Day 4</p> |
| <p>Muffin 28 Chicken Patty California Blend Vegetables Lettuce Salad Pears Day 1</p> | <p>Breakfast Wrap 29 Baked Spaghetti Garlic Toast Lettuce Salad Cottage Cheese Peaches Day 2</p> | <p>Pancakes 30 Quesadilla w/Fixings Lettuce Salad Mandarin Oranges Day 3</p> | <p>Breakfast Pizza 31 Pulled Pork Sandwich Baked Beans Cole Slaw Cinnamon Applesauce Day 4</p> | <p>All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid</p> <p>All breakfasts include juice and fruit. Cereal is available each day as an entrée choice.</p> |