

# SEPTEMBER 2018

## CANNON FALLS ELEMENTARY SCHOOL BREAKFAST & LUNCH MENU

This is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>3</p>	 <p>4</p>	 <p>5</p>	<p>6</p>	<p>7</p>
<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Pizza Green Beans Lettuce Salad Pineapple</p> <p>Day 3</p>	<p><b><u>Pancakes</u></b></p> <p>Soft Shell Beef Taco w/Fixings Black Bean Salsa Rosie Applesauce</p> <p>Day 4</p>	<p><b><u>Banana Bread</u></b></p> <p>Mr Ribb on a Bun Baked Beans Cole Slaw / Lettuce Salad Pears</p> <p>Day 1</p>	<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Hot Ham &amp; Cheese Broccoli Lettuce Salad Fresh Fruit</p> <p>Day 1</p>	<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Italian Dunker w/Sauce Veggie Tray Pears</p> <p>Day 2</p>
<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Meatball Sub Roasted Potatoes Lettuce Salad Tropical Fruit</p> <p>Day 4</p>	<p><b><u>French Toast</u></b></p> <p>Rice Hotdish Mixed Vegetables Lettuce Salad Bread Stick / Peaches</p> <p>Day 1</p>	<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Sloppy Joe on a Bun Pickles Lettuce Salad Fresh Fruit / Chips</p> <p>Day 2</p>	<p><b><u>Breakfast Pizza</u></b></p> <p>Chicken Nuggets Mashed Potatoes Corn / Dinner Roll Peaches</p> <p>Day 2</p>	<p><b><u>Bagel</u></b></p> <p>Corn Dog Veggie Tray Sherbet</p> <p>Day 3</p>
<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>
<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Chicken Fajita w/Fixings Lettuce Salad Applesauce</p> <p>Day 1</p>	<p><b><u>French Toast</u></b></p> <p>Meatball Sub Roasted Potatoes Lettuce Salad Tropical Fruit</p> <p>Day 4</p>	<p><b><u>Cereal or Breakfast Bar</u></b></p> <p>Sloppy Joe on a Bun Pickles Lettuce Salad Fresh Fruit / Chips</p> <p>Day 2</p>	<p><b>PICTURE DAY!!</b> <b><u>Egg &amp; Sausage</u></b></p> <p>Popcorn Chicken &amp; Rice Oriental Vegetables Peaches <b>6:30pm PTO Meeting</b></p> <p>Day 3</p>	<p><b><u>Bagel</u></b></p> <p>Max Stix w/Sauce Veggie Tray Side Kick</p> <p>Day 4</p>
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p><b><u>Muffin or Cereal</u></b></p> <p>Chicken Fajita w/Fixings Lettuce Salad Applesauce</p> <p>Day 1</p>	<p><b><u>Breakfast Sandwich</u></b></p> <p>Roasted Pork Sandwich Cole Slaw Baked Beans Peaches</p> <p>Day 2</p>	<p><b><u>French Toast</u></b></p> <p>Italian Beef on a Bun Broccoli &amp; Cheese Mandarin Oranges</p> <p>Day 3</p>	<p><b><u>Jumpstart Bag</u></b></p> <p>Baked Spaghetti Cottage Cheese Spinach / Garlic Toast Mixed Fruit</p> <p>Day 4</p>	<p><b><u>Bagel</u></b></p> <p>Sub Sandwich w/Fixings Pickles Fresh Fruit Chips</p> <p>Day 1</p>
<p>All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid</p> <p>All breakfasts include juice and fruit. Cereal is available each day as an entrée choice.</p>		<p>Meal Prices: Student Breakfast \$1.70 Adult/Guest breakfast \$2.40 PreK-5<sup>th</sup> grade lunch \$2.50 6-12 grade lunch \$2.60 Adult/Guest Lunch \$4.00 Milk only/extra \$0.55</p>	 <p><b>Back to School</b></p>	<p><b>DAILY ON THE LUNCH LINE:</b></p> <p><b>ALTERNATE ENTRÉE = MEAT &amp; CHEESE SANDWICH</b></p> <p>An assortment of fruits and vegetables is also available</p>